

## STOCKPORT DENTAL SEMINARS



### ROY HIGSON

*With 30 years' experience in the field of occlusion and the management of temporomandibular disorders in the UK, Roy has become the pre-eminent speaker on this subject both at home and abroad.*

*Consistently appearing in the Dentistry Top 50 Most Influential Dentists, in 2009 Roy was voted 7th, up from 12th the previous year.*

*Roy is finally topping the bill on his own, unique Talking Points in Dentistry series in May this year, now running for the 25th year in succession.*

*Roy has served as Adviser in General Dental Practice, President of the British Society for Occlusal Studies (BSOS) for many years and provides clinical support and advice for Dental Protection Ltd.*



### ANDY LANE

*Andy has worked in the field of occlusion and TMD since 1978, attended the very first SDS courses with Jim Orr of the Pankey Institute in the early 1980's and the first NGA courses in 1985. Andy was co-founder and Secretary of BSOS, served as Associate Adviser in GDP, International Chairman of the American Equilibration Society and on the editorial board of The Probe.*

*Andy was one of the first dentists in the UK to lecture on porcelain veneers in 1985-6 and since then has run/taught hundreds of courses on aesthetics, occlusion, TMD, orthodontics, practice management and the aetiology of caries. Andy has published papers on occlusion, impression techniques and the properties of light-cured materials and won the Manchester Medical Society Research Award in 2000.*



### Academy of Clinical Excellence, Wakefield

*Superb training facilities for 20 delegates at the Academy for Clinical Excellence*

*Situated just off Jn 39 of the M1 and within easy reach of Wakefield Westgate station it is accessible from all parts of the UK, with excellent parking and good hotels nearby..*

### The Complete TMD and Occlusion Teaching Programme

SDS have been running occlusion courses since 1982, bringing training to the UK that had previously only been available by travelling to the USA. Roy Higson had studied at the Pankey Institute in Florida for several years, but was frustrated that it was so difficult to translate laboratory training to treating patients in the practice. In his own words, he had become an expert in adjusting plaster teeth. Despite being called "Stockport" Dental Seminars we are now based in Saddleworth and course venues are scattered around the UK for the convenience of delegates.

#### Clinical Training on your own patients

It was for this reason that he invited Niles Guichet and the NGA Seminars team to teach in the UK in 1985. Uniquely, NGA courses included a clinical element run in real dental practices so that delegates could bring along their own patients for treatment. The first of these courses ran in Walsall, at Peter Mason's practice, and they have run every year since then around the UK. The Introduction to Occlusion (Parts 1 and 2) course replaces what was a three-day lecture with more practical elements that students seem to find a better way to learn.

#### POS (1st Year)

This 10-day course, 4 x 2-day clinical sessions and 2 x 1-day lab sessions, known as the Principles of Occlusion Seminars (POS) follows the Introduction Course. Here delegates learn to apply occlusal principles through the use of appliances, moving onto the equilibration of the natural dentition on 2 cases and the management of temporomandibular disorders on one patient. Max. 10 delegates.

#### IRS (2nd Year)

Next comes an intermediate course, where the principles learned in POS are transferred into more complex restorative dentistry. The Intermediate Restorative Seminars (IRS) comprise of 4 x 2-day clinical sessions interspersed with lectures and distance learning projects. Here two patients are treated, one an anterior case and the other a posterior case. Max 8 delegates.

#### ARS (3rd Year)

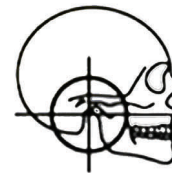
Finally everything comes together for the Advanced Restorative Seminars (ARS), another 4 2-day clinical session course, this time treating a complex restorative case including a change in vertical dimension. This patient would normally require a full mouth rehabilitation, or at least a full arch, all carried out under close clinical and technical supervision from the experienced SDS team of instructors. Max 8 delegates.

### Stockport Dental Seminars

Apollonia House  
167 Mossley Rd  
Grasscroft  
Oldham  
OL4 4HA

Phone: 01457 821800

E-mail: [andy@stockportdentalseminars.co.uk](mailto:andy@stockportdentalseminars.co.uk)



## Stockport Dental Seminars

The Complete TMD and Occlusion Teaching Programme

# Introduction to Occlusion Parts 1 + 2



Presented by

**Dr Roy Higson, BDS, DGDP(UK)**

and

**Dr Andy Lane, MPhil, BDS, DGDP(UK)**

**Tel: 01457 821800**



# The Complete Introduction to Occlusion

## PART I

### DISTANCE LEARNING PACKAGE

5 MODULES (start immediately)

#### Module I-1

Definitions, relevance of occlusion in dentistry, range of occlusal disease, tooth anatomy and contacts, goals of occlusal therapy, optimal occlusion, practical exercise, reading material, test.

#### Module I-2

Mandibular movements, envelope of motion, working and non-working sides, canine guided disclusion, group function, opening and closing paths, practical exercise, reading material, test.

#### Module I-3

Muscles of mastication and head position/posture; trigger points and referred pain; muscle palpation; practical exercise, reading material, test.

#### Module I-4

Temporomandibular joints (TMJs); anatomy and physiology; relationship between TMJ anatomy, jaw movements and occlusion; articulators and articulator adjustments; practical exercise, reading material, test.

#### Module I-5

Parafunction; signs and symptoms of parafunction; causes of parafunction; management of parafunction; practical exercise, reading material, test.

Each module is delivered by post once the previous module has been completed. Includes presentation folder. Cost £297 (inc VAT)

**Delivers 15 hours verifiable CPD that can be completed in your practice**

**N.B. Part I must be completed before Part 2**

## PART 2—Sat/Sun 5/6th June 2010

### 2-DAY HANDS-ON PRACTICAL SESSIONS

ACADEMY OF CLINICAL EXCELLENCE. WAKEFIELD

#### Theoretical basis of occlusion (lecture)

*Review of Distance Learning Package in greater depth*

#### Muscles of mastication (lecture + practical)

*Review of Distance Learning Package in greater depth*

#### Articulators (lecture + practical)

*Introduction to the Denar Articulator System*

#### Facebows (lecture + practical)

*Introduction to the Kois Dento-facial Analyser*

#### Leaf gauge (lecture + practical)

*How to use a leaf gauge to deprogramme and determine the first prematurity with confidence*

#### CR records (lecture + practical)

*How to determine true Centric Relation and record this position with confidence every time*

#### Cast mounting (lecture + practical)

*How to mount study casts using Kois DFA and CR records on a Denar articulator with confidence every time*

#### Verify mounting (lecture + practical)

*How to verify that you have achieved a precise CR mounting on your Denar articulator*

#### Anterior deprogrammer (lecture + practical)

*A quick, cheap and easy method for making an anterior deprogrammer appliance using pre-formed jigs*

#### Stabilisation splints (lecture + practical)

*How to use construct, fit and adjust a Stabilisation Splint*

#### Occlusal Screening (lecture + practical)

*How to screen all your patients for potential occlusal problems*

#### Muscle palpation (lecture + practical)

*How to determine muscle tenderness and relate this to symptoms*

#### TMD questionnaire (lecture + practical)

*A simple to use tool to aid diagnosis, record keeping and patient communication*

#### Introduction to Equilibration and TMD

*These subjects covered in more depth in later courses, i.e. POS 10-day Clinical Course*

**Cost: £995 (inc VAT and refreshments) 15 hours CPD**

## Order Form

Sign up for:	Amount
<input type="checkbox"/> Part 1 Distance Learning Package	£297
<input type="checkbox"/> Part 2—Wakefield 2-day Practical Sessions	£995
<input type="checkbox"/> <b>Special Offer</b> <b>Book and pay in full before 15/4/10—get Part 1 FREE</b> Part 1 + Part 2 inclusive price	<b>£995</b>
<b>Total:</b>	_____

Name \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Method of Payment

Cheque enclosed (payable to "SDS")

PayPal (andy@sds-ipso.com)

Visa/Mastercard

Debit Card

Credit Card # \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature \_\_\_\_\_

### Stockport Dental Seminars

Apollonia House  
167 Mossley Rd  
Grasscroft  
Oldham  
OL4 4HA

Phone: 01457 821800

E-mail: [andy@stockportdentalseminars.co.uk](mailto:andy@stockportdentalseminars.co.uk)